# DECEPTION BAY NEIGHBOURHOOD CENTRE INC. NEWSLETTER

# Enhancing our community's ability to positively develop self, family and community



24 Endeavour Street P.O. Box 205

DECEPTION BAY QLD 4508

Telephone: (07) 3204 2022
Fax: (07) 3204 2858
Email: info@dbnc.org.au
Website: www.dbnc.org.au

We are open between 9.30am and 2.30pm on weekdays

Information

Referrals

Community Development

Family Support

Counselling

Supporting Community Initiatives

Emergency Relief

Courses, Workshops & Seminars

Tax Help

Self Help Groups

Venue Hire

Job Preparation

9am to 3pm Weekdays.

# DBNC Twentieth Year Celebration



ABN: 59 915 696 709



# DBNC Twentieth Year Celebration



# Thank You In recognition of your contribution to the Deception Bay Neighbourhood Centre **Twentieth Year Celebration**

Palm Lakes Quilters Deception Bay Mens Shed

Gail Robinson

Moreton Bay Regional Council

Hot Hulla Dance Group Bettina Nissen

Boys Town Mark Williams

Deception Bay SES **Deception Bay Police** 

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Poli Crew Good Start Deception Bay Library

Michelle Hurst

Deception Bay Fire Brigade Deception Bay Community Hall

Murriajbree **KEIHS** 



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# Deception Bay Neighbourhood Centre's School Holiday Activities

Date	Time	Where	What
Tuesday 15 <sup>th</sup>	10:30am-2:30pm	Meet at Deception Bay	Excursion to The Lagoon- Redcliffe and BBQ
January		Neighbourhood Centre	lunch
Thursday 17 <sup>th</sup>	10:30am-2:30pm	Meet at Deception Bay	Excursion to the Pine Rivers Park and BBQ lunch
January		Neighbourhood Centre	
Tuesday 22 <sup>nd</sup>	10:30am-2:30pm	Meet at Deception Bay	Excursion to The Lagoon- Redcliffe and BBQ
January		Neighbourhood Centre	lunch
Thursday 24 <sup>th</sup> January	9:30am-4:00pm	Meet at Deception Bay Neighbourhood Centre	Excursion to Brisbane Museum to see 'Explore-a-saurus' Dinosaur exhibit and Science Centre and lunch at South Bank. Bring togs as, depending on time, we may go for a swim at the South Bank lagoon. Morning tea and lunch provided.

# **Important Information:**

All activities are free! Ages 6-12 years.

If transport is a difficultly, pick-up and drop-off to and from home can be prior arranged.

All activities are fully supervised

Numbers are limited so places will be given on first in, first served basis. Registration forms must be completed and returned to the Centre

before the excursion day in order for children to attend.

For bookings or further information please contact Crystal or Bruce on 3204 2022







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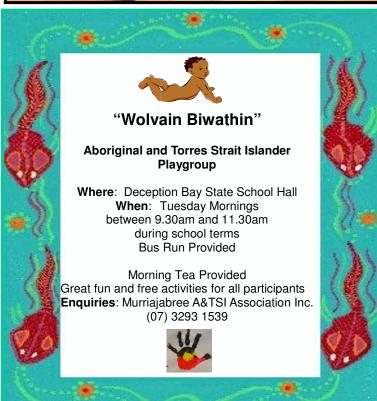
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# Big Sing

The choir once again had the opportunity to participate in the Big Sing held at Stuartholme on October 26th. This is a full day of singing organised by Queensland Kodaly Choir, which includes 2 conductors teaching varied new pieces then in the afternoon a concert is performed. This is a wonderful experience for the choir to be a part of a large group of like minded singers.





# 'My Time' for Grandparents

(Support group for Grandparents who are full time carers of their grandchildren)

'My Time' for Grandparents' group meets regularly at the Deception Bay Neighbourhood Centre.

Meet other Grandparents for a social morning to discuss issues that affect them.

Share information and ideas.

Find out about community support.

Monday's, 10.00am - 12.00pm
(Morning Tea provided)
(For more information please call
Marilyn on 3204 2022)

# Indigenous Community Links

Indigenous Community Links is designed to support Indigenous community members and their families, by providing links and referrals to a range of mainstream and Indigenous services, such as welfare and social support, employment, family violence, health (including drug and alcohol services), legal, child care and housing. If you would like to make an appointment or require further information, please contact Nikki or Deb at Murriajabree on 07 3293 1539

# Thank You

Our Village Foundation and the Redcliffe Uniting Church, through the Community Grant Program, is proud to support the Deception Bay Men's Shed by funding an aluminium shed to become the permanent residence for the group. This will enable the men to meet regularly and begin accruing the tools and work benches they need to commit to work on various projects that will benefit the wider community. Such as making toys and Christmas presents for disadvantaged children and repairing buildings and items to assist financially disadvantaged families.

For more information on the Men's Shed contact David Killey on 0413 752 851

# Thank You Bailey Road Hot Bread

A big thank you to Bailey Road Hot Breads who devotedly provide bread and desserts to the Neighbourhood Centre on a weekly basis. Their kind donations help families who are in need in Deception Bay.





# Deception Bay Neighbourhood Centre Information Board

# HARMONY HIP HOPPERS

The Deception Bay 'Harmony Hip Hoppers' dance group is on every Wednesday/Thursday/ Friday at the Deception Bay Neighbourhood Centre



(For more information please call Crystal on 3204 2022)

### TEA ON THE TERRACE

Come and join the staff and Neighbourhood for a
FREE Morning Tea
Bring your friends and neighbours

ALL WELCOME!

Information about our new programs and activities
Ask about what services we can provide
Meet our friendly staff
Suggest your ideas to staff
See what else the community can offer YOU!
Meet new people

When: Wednesday, 13th February 2013 Wednesday, 13th March 2013

Time: 10.00am - 12.00noon



## SERVICES AVAILABLE

Lifeline Financial Budgeting Assistance on 1300 370 255

Simply Living on Little - Budgeting course at the Deception Bay Neighbourhood Centre

Peninsular Community Legal Service on 3883 3834 at the Deception Bay Neighbourhood Centre

Boystown (Young Parents Program) on 3888 0758

KEIHS to Early Intervention & Homelessness on 3204 2368

PPON - Pacific Islander Supports on 3204 2022

Lighthouse Food Barn - 10.00am to 11.30am (Thursday/Friday). Food Parcels by appointment on Tuesday's 12.00noon.









## GROUP ACTIVITIES

Harmony Choir Every Tuesday, 5.30pm to 6.30pm

Harmony Children's Choir (Children 5 - 12 years) Every Tuesday, 4.30pm to 5.15pm

Immunisation Clinic

1st Tuesday of each month, 9.30am to 12.30pm

Tea on the Terrace

2<sup>nd</sup> Wednesday of each month, 10.00am to 12.00pm

Harmony Hip Hoppers Dance (Children 5 - 12 years) Every Wednesday/Thursday/Friday afternoon 4.00pm to 5.00pm

'Expressions' Drama Group (Children 5 - 12 years) Every Tuesday afternoon, 3.30pm to 4.30pm

Men's Shed

Every Wednesday, 3.00pm - 6.00pm (For more information please call Bruce on 3204 2022)

Pasifika PoliKoffee at D/Bay State School Hall Every Wednesday, 12.00noon to 2.00pm (Everyone Welcome)

Pasifika Playgroup at D/Bay North State School Every Friday, 9.30am - 11.30am

'My Time' for Grandparents Monday's, 10.00am - 12.00pm









# UP AND COMING COURSES

Mind the Gap (to be advised)

Bridging the distance between life as you dream it and life as it is

Core Value (to be advised)

A compassionate approach for managing difficult emotions

<u>Parenting from the Inside Out</u> Enhancing the Connection in

Family Relationships

When: Every Friday commencing 8th February to

15th March 2012 (6 weeks) Time: 10.00am to 12.00 midday

All Cost: \$20.00

Venue: D/Bay Neighbourhood Centre
24 Endeavour Street
Decention Bay Old 4503

Deception Bay Qld 4503

for further information please call 3204 2022



# What's On? Open Monday to Friday 9.30am - 2.30pm



# January/February/March



3204 2022

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Day	Weekly		
Monday	'My Time' for Grandparents Group Every 2nd Monday, 1.00pm - 2.30pm		
	Expressions Drama Group 3.30pm - 4.30pm Every Tuesday	Free Legal Service 3.00pm - 7.00pm Every Tuesday Night (by appointment only)	
Tuesday	Children's Choir 4.30pm - 5.15pm Every Tuesday	Harmony Choir 5.30pm - 6.30pm Every Tuesday	
	Counselling (by appointment only) 9.00am - 4.00pm		
Wednesday	Harmony Hip Hoppers Dance 4.00pm - 5.00pm Every Wednesday, Thursday and Friday except school holidays		
	Counselling (by appointment only) 9.00am - 4.00pm		
Thursday	Harmony Hip Hoppers Dance 4.00pm - 5.00pm Every Wednesday/Thursday/Friday except school holidays		
	Counselling (by appointment only) 9.00am - 4.00pm		
Friday	Harmony Hip Hoppers Dance 4.00pm - 5.00pm Every Wednesday/Thursday/Friday except school holidays		







# Special Events







### Tea on the Terrace

From 10.00am Every 2nd Wednesday of each month 13th February 2013, 13th March 2013



Immunisation Clinic 9.30am - 12.30pm Every 2nd Tuesday 15th January 2013, 12th February 2013, 12th March 2013



# Spectra Works - Interim Project "Your Journey Towards Employment" Contact DBNC on 3204 2022



Courses and Programs are run throughout the year. Any updates please call DBNC on 3204 2022

